

# AFFILIATES IN GASTROENTEROLOGY, P. A.

## *Preparation for Colonoscopy- Halflytely*

**No ASPRIN, IBUPROFIN, IRON, or VITAMIN E** should be taken for at least 7 days prior to colonoscopy. Patients on **COUMADIN, PLAVIX, PERSANTINE** should discontinue it 3 to 5 days prior to the colonoscopy, **WITH THE CONSENT** of their cardiologist/internist. **IF THERE ARE QUESTIONS, PLEASE CHECK WITH OUR OFFICE.** If you are unsure of other medications you may be taking, **CHECK WITH OUR OFFICE. TYLENOL AND/OR MULTIVITAMINS ARE ALLOWED.**

1. On \_\_\_\_\_ morning, fill HALFLYTELY jug to the dotted line with tap water and refrigerate. You may have breakfast and lunch, then start your liquid diet. Your liquid diet may consist of: strained fruit juices without pulp (apple, white grape, lemonade), Gatorade, carbonated and non-carbonated soft drinks, Kool-Aid (or other fruit-flavored drinks), clear broth or bouillon, plain Jello (without added fruits or toppings), ice popsicles, coffee or tea and water. Milk shakes, ice cream, plain or frozen yogurt are permitted until the Halflytely liquid is taken. Do not take red or purple liquids or Jello. Do not take tomato juice or strawberry ice cream. Nothing should contain seeds or nuts.

2. At 6:00 PM, take the four bisacodyl tablets (you will find them in the Halflytely box) with 8 ounces of water. **You should be at home or have a bathroom available to you.**

3. At 9:00 PM, begin to drink the Halflytely solution. Drink an 8 ounce glass every ten minutes until the entire contents of jug are consumed. Rapid drinking of each portion is preferred rather than drinking small amounts continuously.

4. No solid foods are permitted after the Halflytely prep has begun and prior to the procedure. Clear liquids are allowed until five hours prior to the procedure.

**NOTE: Since you will be unable to drive after the procedure, please have a driver accompany you. You may not drive a vehicle until the next day.**

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

### REPORT TO:

\_\_\_\_\_ Florham Park Endoscopy Center, 195 Columbia Turnpike, Florham Park, N.J.  
(across from Crescent Plaza, Starbucks and Kings) (973-410-1800)

\_\_\_\_\_ Hanover Endoscopy Center of Northern NJ 91 S. Jefferson Road Whippany, NJ  
973-929-6800

\_\_\_\_\_ St. Barnabas Medical Center, 1300 Short Stay Unit, Old Short Hills Rd, Livingston, N.J.  
(973-322-5062)

\_\_\_\_\_ St. Barnabas Ambulatory Care Center, Main Entrance, 200 South Orange Avenue,  
Livingston, N.J. (opposite Livingston Mall) (973-322-7723)

\_\_\_\_\_ Morristown Memorial Hospital 100 Madison Avenue Morristown, NJ (973-971-5088)

\_\_\_\_\_ Morristown Surgical Center 111 Madison Avenue 4<sup>th</sup> floor Morristown, NJ (973-971-6970)

REGISTER AT: \_\_\_\_\_ A.M. P.M.

PROCEDURE AT: \_\_\_\_\_ A.M. P.M.

Morristown Office  
Drs. Samach, Wallach  
Rosen, Morton  
973-455-0404

Morristown Office  
Dr. Stein  
973-410-0960

West Orange Office  
Drs. Sloan, Schrader,  
Schuman, Askin,  
Rosenthal  
973-731-4600