

AFFILIATES IN GASTROENTEROLOGY, P. A.

Preparation for Colonoscopy- Golytely

No ASPRIN, IBUPROFIN, IRON, or VITAMIN E should be taken for at least 7 days prior to colonoscopy. Patients on **COUMADIN, PLAVIX, PERSANTINE** should discontinue it 3 to 5 days prior to the colonoscopy, **WITH THE CONSENT** of their cardiologist/internist. **IF THERE ARE QUESTIONS, PLEASE CHECK WITH OUR OFFICE.** If you are unsure of other medications you may be taking, **CHECK WITH OUR OFFICE. TYLENOL AND/OR MULTIVITAMINS ARE ALLOWED.**

1. On _____ morning, fill GOLYTELY jug to the dotted line with tap water and refrigerate. You may have breakfast and lunch, then start your liquid diet. Your liquid diet may consist of: strained fruit juices without pulp (apple, white grape, lemonade), Gatorade, carbonated and non-carbonated soft drinks, Kool-Aid (or other fruit-flavored drinks), clear broth or bouillon, plain Jello (without added fruits or toppings), ice popsicles, coffee or tea and water. Milk shakes, ice cream, plain or frozen yogurt are permitted until the Golytely liquid is taken. Do not take red or purple liquids or Jello. Do not take tomato juice or strawberry ice cream. Nothing should contain seeds or nuts.

2. At 6:00 PM, start to drink the GOLYTELY. Drink an 8 ounce glass every ten minutes until the entire contents of jug are consumed. Rapid drinking of each portion is preferred rather than drinking small amounts continuously. The first bowel movement should occur approximately two to three hours after the start of GOLYTELY administration. **STAY CLOSE TO HOME.**

3. No solid foods are permitted after the GOLYTELY prep has begun and prior to the procedure. Clear liquids are allowed until five hours prior to the procedure.

NOTE: Since you will be unable to drive after the procedure, please have a driver accompany you.

NAME: _____

DATE: _____

REPORT TO:

_____ Florham Park Endoscopy Center, 195 Columbia Turnpike, Florham Park, N.J.
(across from Crescent Plaza, Starbucks and Kings) (973-410-1800)

_____ Hanover Endoscopy Center of Northern NJ 91 S. Jefferson Road Whippany, NJ
973-929-6800

_____ St. Barnabas Medical Center, 1300 Short Stay Unit, Old Short Hills Rd, Livingston, N.J.
(973-322-5062)

_____ St. Barnabas Ambulatory Care Center, Main Entrance, 200 South Orange Avenue,
Livingston, N.J. (opposite Livingston Mall) (973-322-7723)

_____ West Orange office 101 Old Short Hills Road, Suite 217 (973-731-4600)

_____ Morristown Memorial Hospital 100 Madison Avenue Morristown, NJ (973-971-5088)

_____ Morristown Surgical Center 111 Madison Avenue 4th floor Morristown, NJ (973-971-6970)

REGISTER AT: _____ A.M. P.M.

PROCEDURE AT: _____ A.M. P.M.

Morristown Office
Drs. Samach, Wallach
Rosen, Morton
973-455-0404

Morristown Office
Dr. Stein
973-410-0960

West Orange Office
Drs. Sloan, Schrader,
Schuman, Askin,
Rosenthal
973-731-4600